



# central



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CENTRAL YORKE SCHOOL NEWSLETTER  
MARCH 14 | 2019



Government of South Australia  
Department for Education



## CYS Sports Day success

**W**hat a sensational day! Well done to the Eagles, who have now secured back-to-back Sportsday wins..

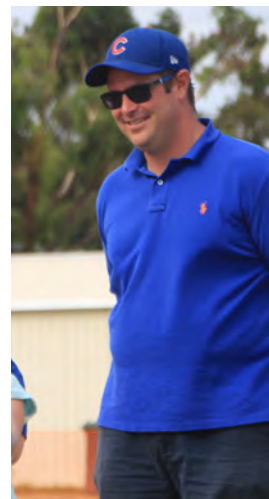
### Student congratulations

Central Yorke School students are to be congratulated for their efforts and attitude to the sports day. It was great to see so many students trying their hardest in both the individual and team events, supporting and cheering on their team, encouraging individuals and filling in wherever they could. This year we had the most amount of students competing in events for quite some time. It was amazing to see all of the talent on show.

One of the highlights of the day was watching Brock Pollard and Jett Hasting compete in the high jump. Both smashed the record, with Jett winning the battle and beating the old mark of 1.45m by 20cm. Brock also went on to break 4 other records for the day.

### Thank you

A huge thank you to Mr Jason Clifford, the CYS staff and the members of the Sports Committee for all they did to bring about the sports day. The day ran very smoothly, and this is of course due to all the quality planning and preparation before the event. Thank you to CYS School Canteen staff who made sure everyone was well



fed and most importantly well hydrated. We were also very humbled by the families that donated dishes as well. The home cooked food was a hit and the first thing we ran out of.

## House Captains

A special mention to our House Captains and Vice Captains, who showed our true R-12 ness with all the work they did with all of the students. Whether it was individual, team or tabloid events, it was great to see and I had many positive comments from parents on the day. A huge highlight of the day was again the staff, student, parent Wheel and Ball race. It was even better to see the teachers finally victorious.

## Parents

To our parents, and the wider school community, a huge thank you for your support and encouragement. We had a lot of parents volunteer to help at all the different athletic events and the day would not have been a success without you. To Ben Adams who opened and then closed our Sports Carnival, we really appreciate you donating your time. His speech was



### PRINCIPAL

Grant Keleher

### DEPUTY PRINCIPAL

Beth Hector

### HEAD OF POINT PEARCE

Dave Love

### HEAD OF EARLY YEARS

Mel Richards

### LEARNING & STUDENT PATHWAYS

Scott Moore

### SAASTA ACADEMY & MIDDLE SCHOOL

Chelsea Schmidt

### LEARNING & COMMUNITY ENGAGEMENT

Tim Tuck

### COUNSELLOR

Helen Moloney

### BUSINESS MANAGER

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inspirational and the student feedback was that it was down to earth and yet what he said was achievable by all.

The fact that we had a huge majority of our school population turn up on the day, well prepared for the day and willing to stay right to the end says a lot about the support we have at the school.

Congratulations to all once again. Bring on both the Primary and Secondary Interschool's. The challenge for us is to see if we can go back to back on 2018.

## **Congratulations to Lauren Smith**

Congratulations to Lauren Smith who will be the Learning and Student Pathway Coordinator for Term 2.

She will be taking over from Scott Moore who will be taking the second term off as long service leave to support his wife as they are expecting twins. Lauren will be in charge of SACE, VET, FLO, student pathways and the senior school in general. We wish her all the best in her new role.

## **Parent Concerns**

Like any school with 270+ people, there can at times be situations where parents, students and staff don't see eye to eye.

When this happens I have really appreciated that people have come to see me. When we work together, things can be solved relatively quickly. At CYS we are trialling a few different things this year in regards to people's role and site processes and hence there are going to be teething problems.

I ask that parents keep their faith in what we are doing and continue the improvement journey with us. If at any time you think that we could be doing something better, please feel free to come in and have a chat with me about what we could do differently. As stated before, if you see an issue, come and tell me. If you see something wonderful, tell everyone else.

## **Interim reporting**

Letters will be coming out this week to families about the progress of their child. If you are concerned or wish to just catch



up about the learning programs of your child, then I invite you to our parent teacher interviews.

The information about how to book these can be found on your interim letter and you can book to see multiple teachers. If you are unsure how to do this, then please feel free to ring the school and one of our friendly administration staff will be more than happy to book times for you. Students at risk of not passing will already have an invite to book in and see our staff on the letter you receive.

## **Negotiated Education Plans and Individual Learning Plans**

If your child is an NEP or ILP, then it is a DfE requirement that we have a learning plan for them outlining what accommodations are being put in place so the student can be successful in their learning. I have asked staff to have these completed by the end of Term 1. Part of this requirement is to have a parent meeting over them. If your child fits into an NEP or ILP then I encourage you to use our parent/teacher interview time to complete this process.

That's it for this edition, like always – if there is anything you want to have a chat about, please come in and talk to myself or one of our leadership staff.

Until next time.

**Grant Keleher**



# 2019 Long Run Results

## Open Boys 1500m

<b>1st</b>	Rhys Starick-Hosking	5.23:81min
<b>2nd</b>	Lachlan Whittaker	
<b>3rd</b>	Connor Tape	

## Open Girls 1500m

<b>1st</b>	Kaylee Short	7.33:70min
<b>2nd</b>	Steph Brook	

## 15YO Boys 1500m

<b>1st</b>	Riley Triplett	5.50:72min
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## 15YO Girls 1500m

<b>1st</b>	Georgia Hasting	7.51:67min
<b>2nd</b>	Macy Poole	
<b>3rd</b>	Tammie Littlewood	

## 14YO Boys 1500m

<b>1st</b>	Flynn Briggs	6.50:64min
<b>2nd</b>	Henry Butler	
<b>3rd</b>	Harrison Geater-Johnson	

## 14YO Girls 1500m

<b>1st</b>	Hilary Longstaff	6.37:46min
<b>2nd</b>	Annabelle Smart	
<b>3rd</b>	Sophie Baker	

## 13YO Boys 1500m

<b>1st</b>	Jett Hasting	5.45:25min
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## 13YO Girls 1500m

<b>1st</b>	Alice Burrows	7.00:56min
<b>2nd</b>	Molly Rowe	
<b>3rd</b>	Taylor Davies	

## 12YO Boys 800m

<b>1st</b>	Tommy Linke	3.07:41min
<b>2nd</b>	Brody Davies	
<b>3rd</b>	Sam Davey	

## 12YO Girls 800m

<b>1st</b>	Bella Chapman	3.27:66min
<b>2nd</b>	Marley Holmes	
<b>3rd</b>	Emily Burrows	

## 11YO Boys 800m

<b>1st</b>	Tyson McWaters	3.06:02min
<b>2nd</b>	Dylan Chapman	
<b>3rd</b>	Rhys Hienrich	



## 11YO Girls 800m

<b>1st</b>	Elouise Johns	3.50:12min
<b>2nd</b>	Matilda Palin	
<b>3rd</b>	Annabel Geater-Johnson	

## 10YO Boys 800m

<b>1st</b>	Harrison French	3.36:58min
<b>2nd</b>	Jethro Shipp	
<b>3rd</b>	Lucas Eagle-Feast	

## 10YO Girls 800m

<b>1st</b>	Summer Davies	3.31:47min
<b>2nd</b>	Isis Schulte	
<b>3rd</b>	Shannon Hamilton	

## 9YO Boys 400m

<b>1st</b>	Julian Crawford	1.38:97min
<b>2nd</b>	Eddie Taylor	
<b>3rd</b>	Callum Millar	

## 9YO Girls 400m

<b>1st</b>	Nakaisha Brown	1.53:85min
<b>2nd</b>	Katrina Bennett	
<b>3rd</b>	Lucy Wheare	

## 8YO Boys 400m

<b>1st</b>	Kyren Brown	1.43:80min
<b>2nd</b>	Austen Mann	
<b>3rd</b>	Jarrod Buckskin-Smith	

## 8YO Girls 400m

<b>1st</b>	Charlie McKenzie	1.37:47min
<b>2nd</b>	Lily Davies	
<b>3rd</b>	Sophie Burrows	

## 7YO Boys 300m

<b>1st</b>	Samuel Cross	1.14:28min
<b>2nd</b>	Harry Moore	
<b>3rd</b>	Spencer Liebelt	

## 7YO Girls 300m

<b>1st</b>	Mia Davies	1.26:53min
<b>2nd</b>	Scarlett Mitchell-Harding	
<b>3rd</b>	Vonnie Skirianos-Arneson	

## 6YO Boys 200m

<b>1st</b>	Oliver Wheare	45.85sec
<b>2nd</b>	Gregory Wanganeen	
<b>3rd</b>	Louie Roenfeldt	

## 6YO Girls 200m

<b>1st</b>	Cherry McKenzie	52.48sec
<b>2nd</b>	Olivia Adams	
<b>3rd</b>	Eva Palin	



# 2019 Javelin Results

## Open Boys

<b>1st</b>	Tyson Reid	35.50m
<b>2nd</b>	Jayden Luciani	
<b>3rd</b>	Lachlan Whittaker	

## Open Girls

<b>1st</b>	Shayla McKay	19.83m
<b>2nd</b>	Kaylee Short	
<b>3rd</b>	Jess Baker	

## Under 15 Boys

<b>1st</b>	Riley Triplett	20.41m
<b>2nd</b>	Orlando Reddin	

## Under 15 Girls

<b>1st</b>	Tammie Littlewood	17.40m
<b>2nd</b>	Lily Dyett	
<b>3rd</b>	Macy Poole	

## Under 14 Boys

<b>1st</b>	Flynn Briggs	26.96m
<b>2nd</b>	Ryan Magor	
<b>3rd</b>	Mitchell Brook	

## Under 14 Girls

<b>1st</b>	Hilary Longstaff	18.23m
<b>2nd</b>	Elizabeth Dodd	
<b>3rd</b>	Sophie Baker	

## Under 13 Boys

<b>1st</b>	Isaiah Rigney	26.81m
<b>2nd</b>	Rhyan Luciani	
<b>3rd</b>	Jett Hasting	

## Under 13 Girls

<b>1st</b>	Alice Burrows	14.73m
<b>2nd</b>	Molly Rowe	
<b>3rd</b>	Taylor Davies	





# 2019 Triple Jump Results

## Open Boys

<b>1st</b>	Liam Dodd	10.21m
<b>2nd</b>	Connor Tape	
<b>3rd</b>	Jayden Lucian	

## Open Girls

<b>1st</b>	Shayla McKay	8.36m
<b>2nd</b>	Kaylee Short	
<b>3rd</b>	Toni-Lee Allen	

## Under 15 Boys

<b>1st</b>	Riley Triplett	6.95m
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## Under 15 Girls

<b>1st</b>	Georgia Hasting	7.56m
<b>2nd</b>	Macy Poole	
<b>3rd</b>	Tammie Littlewood	

## Under 14 Boys

<b>1st</b>	Eddie Sansbury	8.02m
<b>2nd</b>	Flynn Briggs	
<b>3rd</b>	Aiden Shipp	

## Under 14 Girls

<b>1st</b>	Hilary Longstaff	8.27m
<b>2nd</b>	Bethany Hollams	
<b>3rd</b>	Sophie Baker	

## Under 13 Boys

<b>1st</b>	Isaiah Rigney	26.81m
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**Rhyan Luciani**

**Jett Hasting**

## Under 13 Girls

<b>1st</b>	Molly Rowe	6.84m
<b>2nd</b>	Alice Burrows	
<b>3rd</b>	Taylor Davies	



**W**hat a magnificent day Friday was to hold the 2019 CYS sports day. It was great to see the colour, excitement and friendly rivalry between the Eagles and the Sharks and the day proved to be one of great competition and fun for all involved.

### **Thank you!**

A huge thankyou to all the CYS staff who helped out on the day getting in early and setting up, staying later to pack up and running events throughout the day.

A huge thankyou also to all of the parents/ caregivers, family and friends who gave up their time to help supervise events or help in other areas for the day.

A further thanks to Sam Holmes, Vic Johns, Janine Burrows, Wendy Short and Tiana Short who all helped with events before sports day and were there early to help set up timing equipment etc. Events such as this can not run as smoothly as it has without the community support we receive and it is very much appreciated.



### **Ribbons**

You may have also noticed the fantastic looking new ribbons that students were receiving this year. Special thanks to Kerry Baker from 'Just Ribbons and Rosettes' for the generous donation of this years ribbons.

### **Interschool**

We now look forward to the Interschool competitions coming up soon. The Secondary Interschool is at Kadina while the Primary Interschool is at Minlaton. Teams for these competitions will be released shortly.

**Jason Clifford | Sports Coordinator**

Barrie Koch Cup



# 2019

# SPORTS DAY





## Open Boys

*(CJ & DJ Briggs Cup)*

<b>Champion</b>	Lachlan Whittaker	42pts
<b>R/Up</b>	Connor Tape	40pts



## Under 15 Boys

*(S & V Johns Cup)*

<b>Champion</b>	Riley Triplett	48pts
<b>R/Up</b>	Orlando Reddin	43pts



## Under 14 Boys

*(Jill James Cup)*

<b>Champion</b>	Eddie Sansbury	48pts
<b>R/Up</b>	Flynn Briggs	44pts



## Under 13 Boys

*(CYFC Cup)*

<b>Champion</b>	Brock Pollard	48pts
<b>R/Up</b>	Jett Hasting	46pts



## Under 12 Boys

*(Weetulta Hut Cup)*

<b>Champion</b>	Tommy Linke	37pts
<b>R/Ups</b>	Brody Davies	31pts
	Barnaby Wheare	31pts

## Open Girls (Bagshaw Family Cup)

<b>Champions</b>	Shayla McKay & Kaylee Short	47pts 47pts
<b>R/Up</b>	Bella Dyett	36pts



## Under 15 Girls (Spaans Family Cup)

<b>Champion</b>	Georgia Hasting	48pts
<b>R/Up</b>	Macy Poole	44pts



## Under 14 Girls (Short Family Cup)

<b>Champion</b>	Hilary Longstaff	48pts
<b>R/Up</b>	Sophie Baker	41pts



## Under 13 Girls (Burrows Family Cup)

<b>Champion</b>	Alice Burrows	46pts
<b>R/Up</b>	Georgina Chapman	45pts



## Under 12 Girls (Langford Family Cup)

<b>Champion</b>	Bella Chapman	39pts
<b>R/Up</b>	Isabel Hollams	38pts





# PLAY



## Why is it essential in children's lives? (Part 2)

Lisa Burman Education Consultant

### Play creates the building blocks for living

Playing is at the root of everything it is to be human – from building relationships, feeling good about yourself and about life, to having the literacy and numeracy skills to live a full and rewarding life. Humans have always played.

It is how evolution makes sure we learn the things we need to survive as a species – we play to practise the things we will do when we are older, we play in pretend worlds that help us to imagine a new future, we play to develop motor skills, thinking skills and habits of mind (dispositions) that enable our species to survive and to thrive.

Time to play is important at home and at school. More and more schools today understand and use the power of play to engage children in learning and to develop a strong sense of wellbeing.



## When given many opportunities to play, children learn:

### Intellectual skills

problem solving, predicting, questioning, wondering, making connections, evaluating, planning, understanding symbol, imagining, remembering, reflecting

### Dispositions

Curiosity, communication, persistence, confidence, self-control, co-operation

### Social/Emotional skills

Conflict resolution, negotiation, language, sense of satisfaction and achievement, resilience

### Physical Skills

Balance, core strength, fine motor control cutting, drawing, threading, gross motor jumping, climbing, throwing

### Academic Skills

Language development, using numeracy in real life weighing, measuring, literacy drawing, writing, reading, using symbols in pretend play

## What can happen when children don't play enough?

### Self regulation does not develop.

The ability to control and regulate your thoughts and actions is critical for successful learning and wellbeing. When children only have adult-directed experiences, it is very difficult for self-regulation to develop.

### Resilience does not develop.

Having the persistence and self-awareness to cope with life's difficulties begins in early childhood when children naturally navigate difficulties in their play – with others or with a task they have set themselves.

### Imagination & Creativity don't develop

These are not just fun things for the Arts and Drama. The ability to imagine is needed so we can plan and create new opportunities and set goals. Creative thinking is what will set learners apart in the 21st Century. This is not an exhaustive list of all the benefits of living and learning playfully. There are many websites and blogs devoted to this topic that are worth exploring.



## Senior Ag News.

**O**ur visit to Broomfield Black Angus Stud back in week 1 saw Connor guess the correct weight of one of Brett Grahams prize bulls.

Broomfield were very generous, and Connor received a \$100 voucher to spend at YPAG. It is great to have Brett and his family back on board with our Royal Adelaide Show 2019 Led Steer Program.

### Summer Weeds

Year 11's have been busy identifying and collecting Summer weeds around the local area. They are investigating Integrated Pest Management Programs suitable for the area.



Thank you to Tim who works on Longstaff's farm for taking the time to chat about the weed management strategies they have in place. Year 11 and 12's are also looking into pests and diseases that affect livestock and the husbandry tasks involved in prevention.





## Summary Reports

Catalyst, Landline and the Stock Journal are great resources for our Ag. students. Below and over are three summary reports on a very interesting program about bees. Thanks to Jess, Hannah, Shayla for sharing.



# B E E S

## The Great Australian Bee Challenge

### Hannah Germein Year 11

For task 1 for Ag this term we were asked to watch the ABC television show called The Great Australian Bee Challenge on Catalyst.

The Great Australian Bee Challenge is a competition between four different teams to see who can make the best honey. The winner will be given the opportunity to have their honey used in a dessert in a world class restaurant. Over the course of the two episodes the four teams were given several lessons on how to keep bees.

The first team consisted of Aaron and Aaron, the second team had Vanessa, the third team were the Hayes family and the fourth team, Stuart and Jade. Three out of the four teams were given a nucleus hive. A nucleus hive includes a queen bee, some honey and some workers, basically a mini hive. Workers are female bees that have the job of collecting nectar and pollen. There is only one queen bee per hive and she can be distinguished by her longer body and just being bigger in general. Queen bees are the egg layers and live longer than the other bees. All of the groups marked their queen bee so she could be easily located.

The team that wasn't given the privilege of having a nucleus hive were given a package hive because of their perfect location amongst the trees and flowers. A package that takes more time for the bees to adjust. The bees actually have to first accept the queen bee before production of honey begins. If they accept the queen they will begin omitting a pheromone which basically creates a smell of the hive so when bees go foraging, they can easily locate the hive on return. This team struggled to get honey production so to get the hive producing honey, they had to make a sugar syrup out of sugar and hot water. This then provides the bees with food and energy whilst they prepare their home.

The honey production process didn't all go smooth sailing as there were a few bad encounters. One team had sub Saharan hive beetle which can destroy a hive with ease if not treated.

The overall winner of the whole challenge was Stuart and Jade. This team managed to overcome all the challenges so they were given the privilege of having their honey used in world renown restaurant .

# SWEB

## The Bee Report

### Shayla McKay Year 11

For our first task in Ag we were asked to watch 2 episodes of 'The Great Australian Bee Challenge' and write a summary report about the show. I decided to focus my report more about the bees in Australia and I added facts that I had learnt from the show.

Bees communicate flower (pollen and nectar) location using a special dance inside the hive. This is called the waggle dance. One bee dance' while other bees watch to learn the direction to a specific flower patch. First the bee needs to gather an audience she does this by climbing on other bee backs and starts shaking her abdomen, then she starts the dance. The duration of the waggle determines the distance from the hive to the source, the longer the waggle the further the flower from the hive. The angle she dances across the comb tells the direction in relation to the sun. The dancing bee smells like the flower patch, and also gives the watching bees a taste of the nectar she gathered.

Honey bees are very sophisticated learners. They can learn different types of flowers, faces and landscapes. Although a bee brain is 1.5 million times smaller than a human brain they are still extremely intelligent.

A single bee can only produce 1/10 of a teaspoon of honey in its life time. It takes 5 million flowers to produce 1kg of honey. In an average year, Australian beekeepers produce between 25,000 and 30,000 tons of honey, which is approximately 27,215,542kg. Currently the value of honey and beeswax produced in Australia is around \$90million each year.

Australia is home to 1600 different species of bee. We are also one in five countries to have disease free bees in the world. The most common bee used for honey production is the Apis Mellifera (The European Honey Bee). These are used in manufactured hives because they are brilliant producers. Beekeepers all across Australia use different techniques when producing a good bee hive. Major issues that affect the bee industry are the weather, finding pollen, virus and diseases. If the weather is cold the bees will try hard to keep their bee hive warm. The way they do this is by flapping their wings and raising their body temperature. If they try too hard to keep their hive warm then they could die. A single bee can live for an average of 4-5 months and a queen bee will live for 5 years.

In summary I learned that there is a lot of time and care involved in keeping bees.



# The Great Australian Bee Challenge

## Jess Baker Year 11

Over the past couple of weeks, a two-part television series has screened on ABC. This was The Great Australian Bee Challenge. It required people from all over Australia to send in application videos on why they wanted to be part of the challenge. Turns out, Australians are actually very interested in bees, so cutting the applications down to just 4 groups proved a difficult task.

Over 18 weeks each team needs to harvest their own honey. The aim of the challenge is to produce a honey that's good enough for one of Australia's best chefs to use in a dessert served in a world class restaurant. The successful applicants were 'The Aarons' who live in an urban backyard, 'Stuart and Jade' who live in the CBD, 'The Hayes' who live on the coast and 'Vanessa and Cora' from the country.

Each team, besides the Hayes family, began with a nucleus hive which is an already developed hive. This is much easier for beginners, as establishing your own hive takes time. According to the judges, the Hayes family

live in the perfect location, so they get handicapped and have to begin with a package. A package doesn't come with any established brood. So, the Hayes have to begin with empty frames.

During the challenge the leader board barely changed. The Aarons and Stuart and Jade remained at the top for the entire competition. Each team had to attend bee school where they took part in activities helping them understand what life as a bee would be like. The contestants and their hives put under pressure by challenging weather conditions, pests and multiple disruptions but in the end they all managed to produce honey.

In the 18 weeks the Aarons produced 55kg+ of honey, which is an enormous amount as the average worker bee only makes about a 10th of a teaspoon of honey in its entire lifetime. Stuart and Jade produced 20kg, Vanessa and Cora produced 14kg and The Hayes produced 3kg. Even though there was only one winner, each team came away with their very own

honey, the experience of beekeeping and the pride of being able to show their friends and family members what they had created.

On judgement day, chef Peter Gilmore selected the sweetest tasting honey to be used in one of his desserts in a world class restaurant in Sydney. The winner of the challenge and the sweetest honey was Stuart and Jade, closely followed by the Aarons. Who would have thought that the bees living in the city would produce the tastiest honey?



# Spotlight On

The Year 1 class is learning about living things in Science this term. Last week we put on our detective hats to explore the school yard and search for living things.

We found that detectives have to look carefully and finding bugs wasn't as easy as we thought. We ended up catching some ants, a fly and some beetles.



# Year 1 Science

The students were responsible detectives by caring for the living things by:

- Catching them carefully;
- Not touching them;
- Returning them where back to they were found.

The students then drew the bug they found after studying them with a magnifying glass and observing how they move. Next time we will be exploring the Ag block Garden to hopefully find some more interesting bugs.

**Emma Westbrook | Year 1 Teacher**



# from the school counsellor.



Helen Moloney

## National Day of Action against Bullying and Violence.

**T**his Friday the 25th March is the National Day of Action against Bullying and Violence (NDA). The theme for 2019 is, Bullying, No Way! Take action every day.

Central Yorke School is registered as a National Day of Action school. On Friday students will be involved in student-led activities that focus on delivering the powerful message that bullying and violence is never okay!

In our pastoral care lessons throughout the school we have also reinforced the procedure to report bullying using the Stymie notification system.



The Government has developed resources for school communities to help protect children. These include:

- [www.esafetyhub.gov.au](http://www.esafetyhub.gov.au)
- [www.studentwellbeinghub.edu.au](http://www.studentwellbeinghub.edu.au)
- [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)

You can read more about these sites and the Australian Government's policies on bullying in the letter (opposite) from the Prime Minister and the Minister for Education.



PRIME MINISTER

MINISTER FOR EDUCATION

Dear parents, carers and the school community,

Keeping our children safe is a shared responsibility. Schools, governments at all levels, the Australian community and, first and foremost, parents take this obligation seriously.

As parents, we know that it can be challenging to raise children today in a world where risks to safety can appear not only on the street but online. And it is not always easy to navigate when the online world can have real world physical and mental health impacts.

That is why our Government has developed resources to empower parents (and schools) to protect children and prepare them to be resilient, responsible and respectful adults:

- [www.esafety.gov.au](http://www.esafety.gov.au) – resources that promote online safety including tackling image-based abuse and a complaints service for young Australians who experience serious cyberbullying.
- [www.studentwellbeinghub.edu.au](http://www.studentwellbeinghub.edu.au) – support for students, parents and teachers to create a learning environment that promotes student wellbeing and the development of respectful relationships.

You can also visit [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) for education and advice for kids, parents and schools on how to combat and respond to bullying.

Whatever age your kids, it is never too late to make changes to improve their welfare. With the fresh start that a new school year brings we encourage you to use these resources for practical advice on keeping your family safe and well through the year.

Yours sincerely

A blue ink signature of Scott Morrison, written in a cursive style.

SCOTT MORRISON

A blue ink signature of Dan Tehan, written in a cursive style.

DAN TEHAN

## Wellbeing and Engagement Collection

Students in our school have been invited to take part in a survey being conducted in Term 1 2019. This letter provides key information about the survey.

### **Purpose of the collection**

Young people's sense of wellbeing is an important part of how they learn at school. The purpose of the survey is to seek students' views about their wellbeing and their engagement with school. Students in year levels 4 to 12 across the State will be invited to participate in the *Wellbeing and Engagement Collection*. The information collected will help the education system and broader community to support young people's health and wellbeing.

### **What is the survey about?**

The survey asks students about their social and emotional wellbeing; school relationships and engagement and learning in school; and physical health and wellbeing and after school activities. Students' answers will be kept confidential – no one (including school staff) will use the results to identify individual students.

### **What is participation involved?**

Teachers will arrange for students to undertake the survey during class time. Students will be asked if they would like to participate and will be free to withdraw at any time.

**If you do not want your child to participate, please contact the school as soon as possible after receiving this letter.**

### **Information confidentiality**

The department takes measures to ensure students' personal information and their identities remain anonymous when participating in the survey.

Participating schools with fewer than 5 students undertaking the survey will not receive a school report in order to protect the confidentiality of students.

### **What will happen if a student is distressed?**

Whilst the survey questions are not expected to distress students, the survey includes questions that ask about topics such as students' happiness and experiences of being bullied. Teachers will inform students that:

- if they find the survey uncomfortable or distressing, they should leave the survey screen immediately
- that it is not compulsory to take part in the survey as a whole, and
- students may also skip individual survey questions if they wish.

Students who may want to speak to an adult about concerns or issues and will be supported to do so.



# Signs of Bullying

Each individual student who has been bullied or is bullying others will respond and act differently. A student's behaviours and moods can also change for a variety of reasons. However, the following are some signs that may indicate a student is experiencing bullying:

## Signs a teacher may notice:

- becomes aggressive and unreasonable
- starts getting into fights
- refuses to talk about what is wrong
- school grades begin to fall.

## Less obvious signs include:

- student is often alone or excluded from friendship groups at school
- student is a frequent target for teasing, mimicking or ridicule at school
- change in the student's ability or willingness to speak up in class and appears insecure or frightened.

## Signs a parent may report:

- doesn't want to go to school
- changes their method or route to school or are frightened of walking to school
- changes in sleep patterns
- changes in eating patterns
- frequent tears, anger, mood swings
- unexplained bruises, cuts, scratches
- missing or damaged belongings or clothes
- arriving home hungry.

## Bullied students are also likely to:

- feel disconnected from school and not like school
- lack quality friendships at school
- display high levels of emotionality that indicate vulnerability and low levels of resilience
- be less well accepted by peers, avoid conflict and be socially withdrawn
- have low self-esteem
- be relatively non-assertive
- be different in some way.

## A student who bullies may:

- repeatedly tease, imitate or make fun of the same targets
- feel the need to dominate or control others
- show no compassion for someone who's experiencing bullying
- repeatedly exclude or ignore the same target
- whisper behind their backs on a frequent basis.

## Students who frequently bully others are more likely to:

- feel disconnected from school and dislike school
- demonstrate good leadership skills
- demonstrate good verbal skills and ability to talk themselves out of trouble.

# Pancake Day

Last Tuesday 5th March, we enjoyed pancake day, or as it is sometimes known, 'Shrove Tuesday'.

As a school we have been participating in this event annually for many years, raising money for those in need in our State and local region.

## Lions Club

The Lions Club once again volunteered their time to cook and help serve which we are grateful for.

Alongside them worked SRC leaders Hugh Crawford, Barnaby Wheare, Marley Holmes and Maggie Moore who gave up their time to serve pancakes to peers and keep things running smoothly. Jesse Nagel also gave great help and support.

## Pancakes all round

Maitland and Point Pearce Campus enjoyed taking part. Thanks to Matt Sansbury and Dave Love for cooking at Point Pearce, alongside adult students. Thank you to all who took part and donated toward a good cause.

## Kelly Whittaker





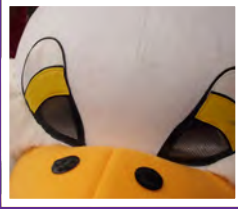
# Horse riding adventure

SSO Jackie Smart went riding at Kalgary Stud in Red Hill recently to support CYS student Benita Rodda as she develops confidence through equestrian activities.

Classmate Annabelle Smart was also involved and although there were reports of some initial nervousness, the sessions went well for everyone. Even the horses look excited at their riders enthusiasm!



# TERRYN'S SPORTSDAY PHOTOS



**March 1 - March 14**

- Zoe Holmes • 4B • 9 years old
- Joaquin Wilson-Bates • 5DJ • 11 years old
- Lynarha Newchurch • 11/12V • 17 years old
- Maeisha Wanganeen • 5DJ • 10 years old
- Twayne Goldsmith • 1W • 7 years old
- Isabelle Roennfeldt • 2/3A • 8 years old
- Ebony Sowden • 4B • 9 years old
- Jessica Baker • 11/12V • 16 years old
- Isabel Hollams • 7LFB • 12 years old

## TERM 1 HOUSE POINTS



**5968**

**6439**



WOW!

WIN!

← THE YEAR 6 STUDENTS CELEBRATE THE CONSTRUCTION OF THE PLAYGROUND THEY HELPED DESIGN BACK IN 2018



↑ MRS HEINRICH RAN IN THE SPRINTS WITH HER STUDENTS...



↓ MRS SMART WENT HORSE-RIDING TO HELP WITH BENITA WITH HER CONFIDENCE...

SUPER THANK



OK!

↑ THE SENIOR AG STUDENTS HELPED EACH OTHER WITH THE SHEEP...



COOL!

→ AND THE HOUSE CAPTAINS INSPIRED THEIR TEAMS TO WORK TOGETHER ALL THROUGH THE 2019 SPORTSDAY!



CENTRAL YORKE SCHOOL PRIMARY PLAYGROUND

## Primary Playground **Week 6-7 Update**

The work started again after the hot weather with trees, shrubs and bushes planted around the perimeter. Retaining walls have been finished and more tree-trunks have been fitted into place.





### Aerial View of CYS

Mrs Hector went for a quick aircraft joy-ride over Maitland and snapped this great photo of the school and the retirement village from the air.



### LONG RUN Day

Reception teacher Courtney Dayman leads in the Reception students ready to participate on our Long Run Day.





## SPORTSDAY

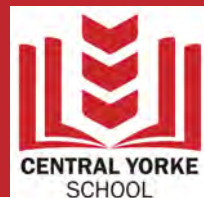
A quick pic of the secondary oval, early on sportsday.



## SCHOOL PHOTOS

Molly from Advanced Life Photographers snapping the Kindy students for their official 2019 school photograph.

# school & community information.



## Winter Soccer Season



Season starts March 31, 2019. Registrations open Monday 4th March. Register by Saturday March 23rd at

[www.playfootball.com.au](http://www.playfootball.com.au)

MiniRoos and Junior \$100 Sports Voucher can be used. First Sunday in every month will be played at the Kadina Hockey ground. All other games at Moonta Area School

U6 & U8 10 – 10:45

U12 11 – 12:15

U17 12:30-1:45

## Maitland Hockey Club - Junior Hockey

Player registration and first training:

Thursday 4th April from 3:15pm for Under 9, Under 13 and Under 16 grades.

New players are most welcome!

For more details contact Kelly Tape on 0408 853 334

## School Magazines

We have just seven school magazines left in the Student Services Office. Get yours for \$30 before they're all gone.

## Parents & Friends AGM

The rescheduled P&F AGM will now be held on Friday 22nd March at 12pm in the Yorke Valley Hotel. Come along for a casual lunch and meeting (kids more than welcome) and we'd love to see you there! Please contact the school if you have any queries.

## LOST PROPERTY

**Our lost property box is over-flowing!**  
**If you are missing items of clothing, footwear, drinks / food containers, towels, bathers (and more!) please come and check the box in the foyer.**



We're proud to say

**BULLYING.  
NO WAY!**

**National Day  
of Action** against  
Bullying and Violence

Friday 15 March 2019  
[www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)

# The **Back** Page

## 2019 Calendar Dates

### MARCH

- 16 Maitland Show
- 18-21 Life Education Workshops
- 21 Harmony Day  
3/4 Hotshots Tennis Clinic
- 26 'To Federation & Beyond!' -  
performance to primary school.
- 27 Secondary Interschool Sportsday
- 28 Primary Interschool Sportsday

### APRIL

- 3 Parent / Teacher Interviews  
Port Adelaide FC SAASTA Visit  
Festival Choir Assessment  
Paul Rutter Art Workshop
- 4 Parent / Teacher Interviews
- 5 Crows Cup SANFL For Girls Yrs 5-7
- 8-12 SAASTA TAFE Block
- 9 SSSSA Track & Field Championship
- 12 **Last Day of Term 1**

### 13-28 Term 1 School Holidays

- 29 **First day of Term 2**
- 30 Sammi D Foundation  
True Colours Day

### MAY

- 1 Year 10/11 Immunisations
- 8 Mothers Day Pampering
- 9 Crop Science Investigation
- 14 NAPLAN Online testing opens
- 15-17 Outdoor Education - Rock Climbing
- 17 CYS Cross Country
- 22 Simultaneous Story Time

## BACK TO THE PAST

### 75 years ago in 1944

*The School Committee laid down a cricket pitch on the old school oval.*

### 50 years ago in 1969

*The girls' sports uniforms were updated with grey tunics with red and black vertical stripes.*

### 30 years ago in 1989

*On March 8, the Year 12 class saw the musical 'Cats' performed in Adelaide.*

*On March 15, Spencer won the secondary athletics day with a total of 1119 points.*

### 5 years ago in 2014

*On March 12, the school marched in the Maitland Show parade. Students were in their new house team groups with banners made by the two teams on display. After the parade the choir and band played at the show grounds.*

